

Menu Calendar Report - May, 2023

Generated on: 3/27/2023 11:40:34 AM by Jessica Brown

Site: WEST RUSK H S
Meal Type: Breakfast
Site Group: High Schools
Menu Line: cafeteria service

Monday		Tuesday		Wednesday		Thursday		Friday	
1 May		2 May		3 May		4 May		5 May	
Apple Juice (14.00 g)		Apple Juice (14.00 g)		Apple Juice (14.00 g)		Turkey Bacon, Fully Cooked - SBW 2020		Apple Juice (14.00 g)	
Orange Juice (29.00 g)		Orange Juice (29.00 g)		Orange Juice (29.00 g)		Apple Juice (14.00 g)		Orange Juice (29.00 g)	
Breakfast Muffins (29.06 g)		Breakfast Muffins (29.06 g)		Breakfast Muffins (29.06 g)		Orange Juice (29.00 g)		Breakfast Muffins (29.06 g)	
Eggs, Patty, Round		Cinnamon Toast Crunch (22.00 g)		Breakfast Pizza (20.00 g)		Breakfast Muffins (29.06 g)		Eggs, Patty, Round	
Bun, hamburger, Whole Grain, 3.75" (25.00 g)		Cheese Stick (1.00 g)		Cinnamon Toast Crunch (22.00 g)		Eggs, Patty, Round		Cinnamon Toast Crunch (22.00 g)	
Cinnamon Toast Crunch (22.00 g)		Pancake on a stick, sausage (22.00 g)		Cheese Stick (1.00 g)		Cinnamon Toast Crunch (22.00 g)		Cheese Stick (1.00 g)	
Cheese Stick (1.00 g)		Pop-Tart (75.84 g)		Pop-Tart (75.84 g)		Cheese Stick (1.00 g)		Pop-Tart (75.84 g)	
Pop-Tart (75.84 g)		P & J Sandwich (34.00 g)		P & J Sandwich (34.00 g)		Pop-Tart (75.84 g)		P & J Sandwich (34.00 g)	
P & J Sandwich (34.00 g)		White Milk (13.00 g)		White Milk (13.00 g)		P & J Sandwich (34.00 g)		Sausage Patty (0.99 g)	
Sausage Patty (0.99 g)		Choc. Milk (20.00 g)		Choc. Milk (20.00 g)		White Milk (13.00 g)		White Milk (13.00 g)	
White Milk (13.00 g)						Choc. Milk (20.00 g)		Choc. Milk (20.00 g)	
Choc. Milk (20.00 g)						160 Slice 50% Reduced Sodium, 50% Reduced Fat Process American Cheese (2.48 g)		160 Slice 50% Reduced Sodium, 50% Reduced Fat Process American Cheese (2.48 g)	
8 May		9 May		10 May		11 May		12 May	
Apple Juice (14.00 g)		Apple Juice (14.00 g)		Apple Juice (14.00 g)		Turkey Bacon, Fully Cooked - SBW 2020		Apple Juice (14.00 g)	
Orange Juice (29.00 g)		Orange Juice (29.00 g)		Orange Juice (29.00 g)		Apple Juice (14.00 g)		Orange Juice (29.00 g)	
Breakfast Muffins (29.06 g)		Breakfast Muffins (29.06 g)		Breakfast Muffins (29.06 g)		Orange Juice (29.00 g)		Breakfast Muffins (29.06 g)	
Eggs, Patty, Round		Cinnamon Toast Crunch (22.00 g)		Breakfast Pizza (20.00 g)		Breakfast Muffins (29.06 g)		Eggs, Patty, Round	
Bun, hamburger, Whole Grain, 3.75" (25.00 g)		Cheese Stick (1.00 g)		Cinnamon Toast Crunch (22.00 g)		Eggs, Patty, Round		Cinnamon Toast Crunch (22.00 g)	
Cinnamon Toast Crunch (22.00 g)		Pancake on a stick, sausage (22.00 g)		Cheese Stick (1.00 g)		Cinnamon Toast Crunch (22.00 g)		Cheese Stick (1.00 g)	
Cheese Stick (1.00 g)		Pop-Tart (75.84 g)		Pop-Tart (75.84 g)		Cheese Stick (1.00 g)		Pop-Tart (75.84 g)	
Pop-Tart (75.84 g)		P & J Sandwich (34.00 g)		P & J Sandwich (34.00 g)		Pop-Tart (75.84 g)		P & J Sandwich (34.00 g)	
P & J Sandwich (34.00 g)		White Milk (13.00 g)		White Milk (13.00 g)		P & J Sandwich (34.00 g)		Sausage Patty (0.99 g)	
Sausage Patty (0.99 g)		Choc. Milk (20.00 g)		Choc. Milk (20.00 g)		White Milk (13.00 g)		White Milk (13.00 g)	
White Milk (13.00 g)						Choc. Milk (20.00 g)		Choc. Milk (20.00 g)	
Choc. Milk (20.00 g)						160 Slice 50% Reduced Sodium, 50% Reduced Fat Process American Cheese (2.48 g)		160 Slice 50% Reduced Sodium, 50% Reduced Fat Process American Cheese (2.48 g)	
15 May		16 May		17 May		18 May		19 May	
Apple Juice (14.00 g)		Apple Juice (14.00 g)		Apple Juice (14.00 g)		Turkey Bacon, Fully Cooked - SBW 2020		Apple Juice (14.00 g)	
Orange Juice (29.00 g)		Orange Juice (29.00 g)		Orange Juice (29.00 g)		Apple Juice (14.00 g)		Orange Juice (29.00 g)	
Breakfast Muffins (29.06 g)		Breakfast Muffins (29.06 g)		Breakfast Muffins (29.06 g)		Orange Juice (29.00 g)		Breakfast Muffins (29.06 g)	
Eggs, Patty, Round		Cinnamon Toast Crunch (22.00 g)		Breakfast Pizza (20.00 g)		Breakfast Muffins (29.06 g)		Eggs, Patty, Round	

Menu Calendar Report - May, 2023

Generated on: 3/27/2023 11:40:34 AM by Jessica Brown

Site: WEST RUSK H S
Meal Type: Breakfast
Site Group: High Schools
Menu Line: cafeteria service

15 May	16 May	17 May	18 May	19 May
Bun, hamburger, Whole Grain, 3.75" (25.00 g) Cinnamon Toast Crunch (22.00 g) Cheese Stick (1.00 g) Pop-Tart (75.84 g) P & J Sandwich (34.00 g) Sausage Patty (0.99 g) White Milk (13.00 g) Choc. Milk (20.00 g) 160 Slice 50% Reduced Sodium, 50% Reduced Fat Process American Cheese (2.48 g)	Cheese Stick (1.00 g) Pancake on a stick, sausage (22.00 g) Pop-Tart (75.84 g) P & J Sandwich (34.00 g) White Milk (13.00 g) Choc. Milk (20.00 g)	Cinnamon Toast Crunch (22.00 g) Cheese Stick (1.00 g) Pop-Tart (75.84 g) P & J Sandwich (34.00 g) White Milk (13.00 g) Choc. Milk (20.00 g)	Eggs, Patty, Round Cinnamon Toast Crunch (22.00 g) Cheese Stick (1.00 g) Pop-Tart (75.84 g) P & J Sandwich (34.00 g) White Milk (13.00 g) Choc. Milk (20.00 g) 160 Slice 50% Reduced Sodium, 50% Reduced Fat Process American Cheese (2.48 g)	Cinnamon Toast Crunch (22.00 g) Cheese Stick (1.00 g) Pop-Tart (75.84 g) P & J Sandwich (34.00 g) Sausage Patty (0.99 g) White Milk (13.00 g) Choc. Milk (20.00 g) 160 Slice 50% Reduced Sodium, 50% Reduced Fat Process American Cheese (2.48 g)
22 May	23 May	24 May	25 May	26 May
Apple Juice (14.00 g) Orange Juice (29.00 g) Breakfast Muffins (29.06 g) Eggs, Patty, Round Bun, hamburger, Whole Grain, 3.75" (25.00 g) Cinnamon Toast Crunch (22.00 g) Cheese Stick (1.00 g) Pop-Tart (75.84 g) P & J Sandwich (34.00 g) Sausage Patty (0.99 g) White Milk (13.00 g) Choc. Milk (20.00 g) 160 Slice 50% Reduced Sodium, 50% Reduced Fat Process American Cheese (2.48 g)	Apple Juice (14.00 g) Orange Juice (29.00 g) Breakfast Muffins (29.06 g) Cinnamon Toast Crunch (22.00 g) Cheese Stick (1.00 g) Pancake on a stick, sausage (22.00 g) Pop-Tart (75.84 g) P & J Sandwich (34.00 g) White Milk (13.00 g) Choc. Milk (20.00 g)	Apple Juice (14.00 g) Orange Juice (29.00 g) Breakfast Muffins (29.06 g) Breakfast Pizza (20.00 g) Cinnamon Toast Crunch (22.00 g) Cheese Stick (1.00 g) Pop-Tart (75.84 g) P & J Sandwich (34.00 g) White Milk (13.00 g) Choc. Milk (20.00 g)	Turkey Bacon, Fully Cooked - SBW 2020 Apple Juice (14.00 g) Orange Juice (29.00 g) Breakfast Muffins (29.06 g) Eggs, Patty, Round Cinnamon Toast Crunch (22.00 g) Cheese Stick (1.00 g) Pop-Tart (75.84 g) P & J Sandwich (34.00 g) White Milk (13.00 g) Choc. Milk (20.00 g) 160 Slice 50% Reduced Sodium, 50% Reduced Fat Process American Cheese (2.48 g)	Apple Juice (14.00 g) Orange Juice (29.00 g) Breakfast Muffins (29.06 g) Eggs, Patty, Round Cinnamon Toast Crunch (22.00 g) Cheese Stick (1.00 g) Pop-Tart (75.84 g) P & J Sandwich (34.00 g) Sausage Patty (0.99 g) White Milk (13.00 g) Choc. Milk (20.00 g) 160 Slice 50% Reduced Sodium, 50% Reduced Fat Process American Cheese (2.48 g)
29 May	30 May	31 May	1 Jun	2 Jun

Carbohydrate values in grams follow the Menu Item name